

Lakeland High School Varsity Sports 23-24

Fall Sports

Boys Cross Country
Girls Cross Country
Boys Golf
Girls Golf
Varsity Football
Boys Swimming/Diving
Girls Swimming/Diving
Volleyball

Winter Sports

Girls Basketball
Boys Basketball
Boys Soccer
Girls Soccer
Competitive Cheer
Girls Weightlifting
Wrestling

Spring

Baseball
Beach Volleyball
Boys Weightlifting
Boys Lacrosse
Girls Lacrosse
Flag Football
Softball
Boys Tennis
Girls Tennis

Junior Varsity Sports-8

JV Football
JV Volleyball

JV Girls Basketball
JV Boys Basketball
JV Boys Soccer
JV Girls Soccer

JV Baseball
JV Softball